



Pharmacist supplementary prescribing

My experience - Bharat Patel



My background

- Qualified 1987 - 12 years as community pharmacist
- Educational outreach pharmacist 1995 - IMPACT project
- Started practice pharmacist role 1996
- Now Locality Lead pharmacist for Walsall PCT



Pharmacist supplementary prescriber qualified September 2004

Why PSP?

- Logical extension of practice based role
- Increased responsibility
- Better use of skills
- Improving patient care
- Opportunity to develop "long-term" patient contact - CDM

What do I do?



Use PSP at 3 practices for

- Smoking cessation
- Hypertension and primary prevention of CVD
- Dyspepsia
- Joint disease



Patient referral for PSP

- GPs
- Opportunistic
- Via clinic - smoking cessation

Running clinics



- Patients booked by reception staff/myself
- 20 minute appointments initially - now trying 15 minute appointments
- Can set your own parameters



Clinical management plans

- Develop *CMP* for each patient - *GP* input/approval essential
- Usually prepare *CMP* prior to seeing patient
- Important to decide criteria for referral back to *GP*
- Ask for patient agreement to *CMP* - no refusals as yet!

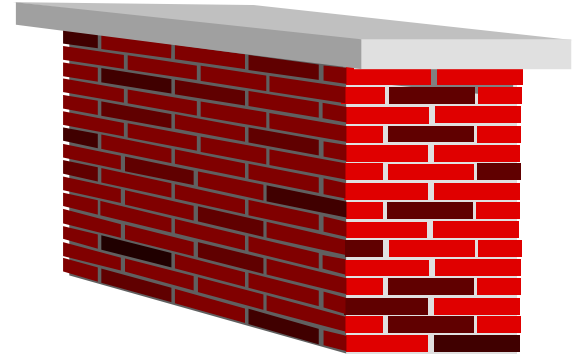


Clinical management plans

- Attach *CMPs* electronically to patient records
- Manual copy in paper notes
- Explain to patient what we are trying to do and how e.g. BP targets



Barriers to PSP



-
- IT - handwritten prescriptions!
 - Room availability
 - Administration support
 - Time constraints
 - Funding

Does PSP work?



Smoking cessation clinic -

- 50% quit rate at 6-8 weeks

Hypertension clinics (n=25)

- Average BP before PSP 158/84 mmHg
- Average BP after PSP 140/79 mmHg
- Addition of low dose aspirin, statins where appropriate, medication reviews for all patients



Learning experience

- "Risk thresholds"
- Involve patients in decision-making process
- Consultation skills
- Know your limitations

Future plans



- Extend PSP to a fourth practice
- GPs keen to increase patient referrals
- Establish a practice-based anticoagulant clinic

Any questions?

